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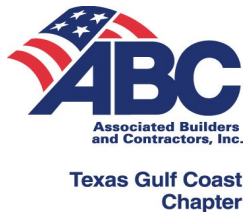


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The Board of Directors
of
Associated Builders and Contractors, Texas Gulf Coast, Inc.
Merit Shop Training, Inc. and Brazosport Safety Council, Inc.

Cordially invite you to be our guest at the
41st Annual ABC Graduation & Banquet

1002 ABC Avenue
Freeport, TX 77541



Tuesday, June 13, 2017

Social: 6:00 p.m.

Dinner: 6:30 p.m.

Ceremony: 7:00 p.m.

Attire: Business Casual

Reservations are binding.

Charges will be incurred for no-shows and also for cancellations.



***Congratulations
Graduates!***

MEMBERSHIP



Complimentary Webinars - Another ABC Membership Benefit

A Guide to the 2017 STEP Application

Thursday, June 8, 2017

9 a.m. (CT)

60 minutes

Speaker: Cheyenne Wheeler, Workforce Development & HSE Coordinator, ABC National

WEBINAR DESCRIPTION

ABC Chapter staff and members will receive a thorough walk-through of the 2017 online STEP application. Find out what information a member needs to compile to complete the application and learn the answers to frequently asked questions.

Innovation: The World of Construction 2.0

Thursday, June 22, 2017

12:00 p.m. (CT)

60 minutes

Speaker: Danny Small, Analyst, FMI

PRESENTED BY ABC'S STRATEGIC PARTNER - DEXTER + CHANEY

WEBINAR DESCRIPTION

Join this special webinar presented by FMI's Danny Small, where we'll explore innovation in construction.



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And the Labor Cost War.

Learn How Watching This Video.



**ABC invites you to attend a free webinar presented by Littler.
To take advantage of this benefit, RSVP below.**



Wednesday, June 14, 2017

10:00 a.m. - 11:00 p.m. PT
11:00 p.m. - 12:00 p.m. MT
12:00 p.m. - 1:00 p.m. CT
1:00 p.m. - 2:00 p.m. ET

What's In Your Handbook?

Employee handbooks are getting a lot of attention these days. Unfortunately, it's not the kind of attention that is welcomed by employers. Rather, the attention is coming by way of lawsuits and government investigations based on personnel policies that are routinely included in employee handbooks. This webinar will not only identify those common employee handbook provisions that are now under attack but it will offer proposed alternatives to eliminate or minimize the risk of legal action based on arguably unlawful policies.

The webinar will be held on June 14 from 12:00-1:00 p.m. Mark Jodon, a shareholder with Littler Mendelson, will present the webinar. Mark is board-certified by the Texas Board of Legal Specialization in labor & employment law. Mark has represented companies in all aspects of labor disputes for more than 30 years, including discrimination claims in federal and state courts, charges before the EEOC, wage and hour audits by the U.S. Department of Labor, unfair labor practice charges before the NLRB and citations issued by OSHA. A packet of materials will be made available to webinar participants following the presentation.

This webinar is complimentary.

Login information will be provided to participants the day before the webinar.
SPHR/PHR and SHRM certifications are pending approval.

To RSVP or for questions, please contact Bethany Kempfe at bkempfe@littler.com or 214.880.8131.

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STEP SAVES LIVES.
Get started today.

2017 ABC STEP AWARD APPLICATIONS ARE DUE BY JUNE 27! STEP: Safety Training Evaluation Process

Submit online using the new and improved online step application. **PLEASE NOTE:** If you are completing a paper application, this MUST include the \$35.00 application processing fee and be **submitted to the local ABC office by June 27, 2017.** Application fee is waived for STEP Diamond <\$435> & Platinum <\$235> submissions as part of the application fee.

STEP: Merit Based Safety Recognition for the Merit Shop

Established in 1989 by the ABC National Environment, Health & Safety (EH&S) Committee, the STEP program was developed and written by contractors for contractors. Your responses are strictly confidential.

Appreciation is extended to members who have already submitted!

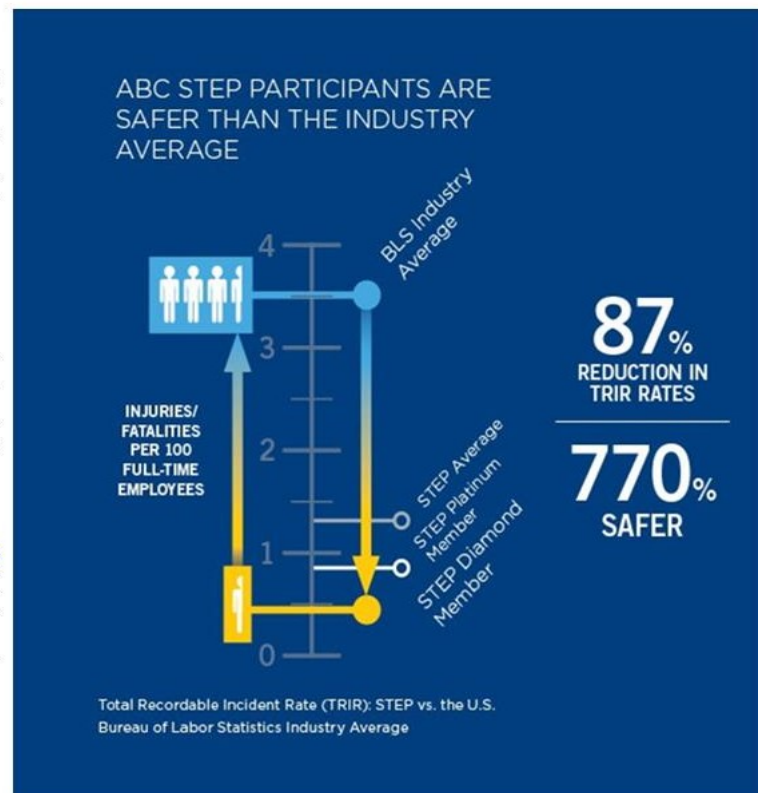
STEP Saves Lives

Participating in **STEP** can help you reduce jobsite incidents and send all of your workers home safe every day. **STEP** Diamond participants are 770% safer than the BLS average according to ABC's 2017 Safety Performance Report (abc.org/spr).

STEP Pays

Getting started with **STEP** is free, and it can help you lower your workers compensation insurance RATES. Just one injury could cost your company \$38,000! Plus, a safe project is a productive project.

If you need assistance email: step@abc.org or call the ABC National Safety Department at (202) 595-1848. You may also email Ruby at: ruby@abctxgulfcoast.org or call the local ABC office at (979) 233-0279.



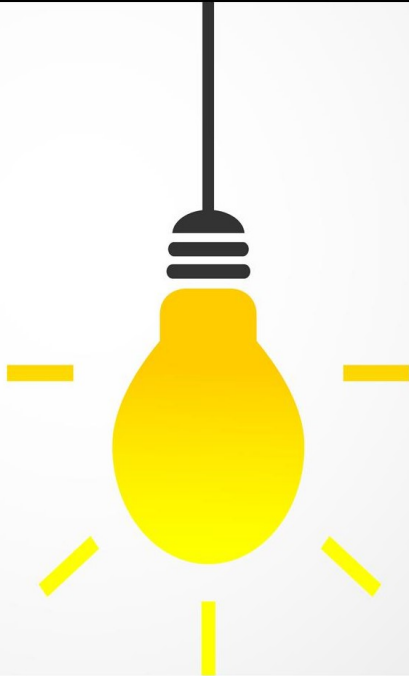
Putting safety first – a winning strategy!

Electrical Continuing Education Class (Course Number 16324)



Thursday
June 15, 2017
5:00 p.m. - 9:00 p.m.

1002 ABC Avenue CR #3
Freeport, TX 77541
\$40 ABC Member
\$60 Non-Member



To schedule call 979-824-7370 or
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MEMBERSHIP



Welcome New Members



James Bass
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Texas Gulf Coast
Chapter

Save the Date!
Friday,
September 15, 2017

**ABC 33rd Annual
Golf Tournament**

Wilderness Golf Course

*For more information,
please contact Ruby at (979)239-4279.*

SUPPLIERS' COUNCIL

ABC Suppliers' Council Mixer & Crawfish Boil - May 18, 2017

A BIG THANKS goes to all of the exhibitors for providing great food, beverages and door prizes. We also want to mention our gratitude to our additional sponsors *Performance Party Rents and LISCO*.

THANK YOU to *Jerry Wagner and Eric Pina of United Rentals Trench Safety* for their time and support with the Excavation Training session held on the same day.

Appreciation is extended to ABC staff and the Suppliers' Council Committee for their support in organizing and helping to recruit participation for this event.



Aggregate Technologies, Inc.



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Leo Martin Chevrolet



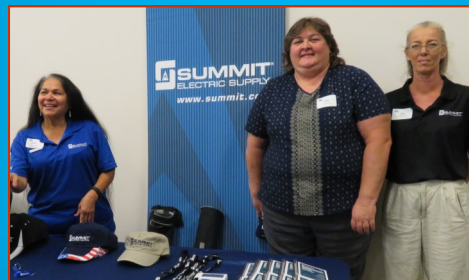
Special thanks to our Master of Ceremonies, Joseph Sobotik, Suppliers' Council Chairman. **Mejia Industrial Supply Co., Inc.**



Safeline Technologies, LLC



Standard Constructors, Inc.



Summit Electric Supply



Terracon Consultants, Inc.



Texas Commercial Fire & Safety



Tolunay-Wong Engineers, Inc.



Vernor Material and Equipment

Remember to shop with ABC members. A multitude of resources, products and services are available from within the membership! *Future Exhibitors*, plan to spotlight your company at the Fall ABC Mixer & Shrimp Boil – Thursday, October 5, 2017.

SUPPLIERS' COUNCIL



Suppliers' Council Mixer Prize Winners



Larry Sobotik
YETI Hopper Flip



Reynaldo Rodriguez
R-Tic Soft Side Cooler



Teresa Schilhab
4 Astros Tickets



Gina McCoy
\$50.00 Academy GC



Scott South
Free Rental Frozen Drink Machine & Mix



Liz Everette
\$50.00 Academy GC



Roosevelt Thompson
Safety Goody Bag



Joanne Rodriguez
AE Electric Filet Knife



Richard Stairs
100 Qt. Ice Chest



Kay Griffin
DeWalt Grinder



Associated Builders
and Contractors, Inc.

Texas Gulf Coast
Chapter



Jeff Clay
\$50.00 Academy GC

SUPPLIERS' COUNCIL

Two Suppliers' Council Mixer Grand Prize Winners



Rosemary Lopez
\$100.00 Visa GC



David Eby
\$100.00 Visa GC



LEGISLATIVE WEEK

June 19-23, 2017
Washington, D.C.

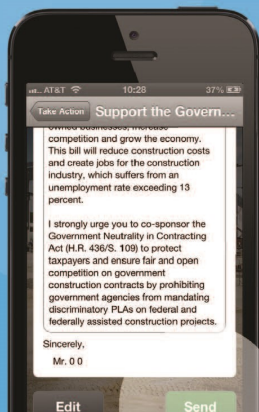


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May 24 and Save



Register Today: legweek.abc.org

One-click messaging to your member of congress



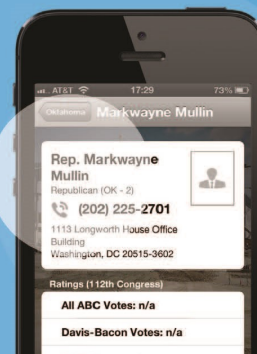
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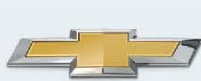


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Cost: \$40.00 for Members / \$65.00 for Non-members
Expiration: 1 year

How to Use a Fire Extinguisher

Remember the PASS method

- P** Pull the pin
- A** Aim at base of fire
- S** Squeeze top handle
- S** Sweep from side to side



Available Classes:

WEDNESDAYS at 8:00 A.M.

May 31, 2017

June 7, 2017

**Must pre-register to ensure availability*

- ◆ Designed for contractors and general employees in all working environments.
- ◆ Provides employees with a clear understanding of fire, the different classes of fire, types of fire extinguishers, and how to use them.
- ◆ Hands-on portion of the training utilizes LED-driven digital flames and a laser training extinguisher to provide dynamic and realistic simulation for trainees while eliminating the hazards associated with conventional fire extinguisher training.



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This Course Includes Classroom Instruction, CBT Test, Hands-On Training and a Performance Evaluation

For New and Experienced Forklift Operators

1-Day Class Offered Mondays @ 7:30 a.m. - 1:00 p.m.

Cost: \$125.00 per person—04FORKL

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- Techniques & Strategies for Safe Operation
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Upon Completion Trainees Receive:

- Operator Certification Wallet Card
- Certificate of Completion
- Training Safety Council Card with Training
- Operator Reference Manual



Students must bring Standard PPE:

- hard hat
- safety glasses
- steel toe shoes
- gloves
- high visibility vest



Course Presented by Certified Instructors



Register Today!

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1002 ABC Avenue Freeport, TX 77541



Aerial Lifts Operator Certification Training



Training Complete in 1 Day

Classes have begun!

Offered Tuesday, Wednesday & Thursday

7:30 a.m. - 4:00 p.m.

Cost: \$235.00 per person - Limit 15 per class

Required:

Basic Operating Experience

Standard PPE

(hard hat, safety glasses, steel toe shoes & ear plugs)

Harness

(if available)

Course Includes:



**Classroom Instruction by an
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Hands on Practice



Written Theory Test



**Performance Verification by an
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ABC, BSC, MSTI

- 13 6:00 p.m. ABC/MSTI 41st Annual Craft Training Graduation, Brazos A
- 14 12:00 p.m. ABC Human Resources Webinar "What's in Your Handbook?"
- 15 9:30 a.m. MSTI Construction Careers Youth Committee, ABC Boardroom
- 27 3:00 p.m. ABC Board Meeting, ABC Boardroom
- 28 3:00 p.m. Golf Committee Meeting, ABC Conference Room

MSTI & BSC Classes & Training Opportunities

- June 8:00 a.m. Basic Plus, 8:00 a.m. Mon - Fri CR#4
- June 12:00 p.m. Work Permit Acceptor Training, Thursdays, CR#1
- June 7:30 a.m. Fork Lift Operator Certificate Training, Mon, CR #5
- June 8:00 a.m. Aerial Lifts Operator Certificate Training, Tues - Thurs, CR #5
- June 5:00 p.m. CMA Project Management Class, Mon/Wed, CR #5,
- June 6:00 p.m. CSST Classes - Tues/Thurs, CR #4
- 6 - 7 8:00 a.m. Enhanced Foreman Training, CR #1
- 7 7:00 a.m. Fire Extinguisher Training, CR #5
- 8 9:00 a.m. ABC Webinars: "[A Guide to the 2017 STEP Application](#)" & More
- 15 5:00 p.m. Electrical Cont. Ed. License Renewal Class, CR #2

Ingredients:

Healthy Fajita Casserole

Yield: 6 Servings

- 2 cups cooked brown rice (from about 3/4 cup uncooked)
- 1 1/2 pounds boneless, skinless chicken tenders
- 1 each: red/yellow bell pepper & onion, sliced
- 1 (14.5 oz.) can fire roasted diced tomatoes, well drained
- 1 tablespoon extra-virgin olive oil
- 1 1/2 teaspoons ground cumin
- 1/2 teaspoon dried oregano
- 1/2 teaspoon salt
- 1/4 teaspoon cayenne pepper (optional)
- 1/4 teaspoon black pepper
- 1/8 teaspoon garlic powder
- 1/8 teaspoon onion powder
- 2 cups shredded cheddar cheese
- shredded lettuce, salsa, sour cream or Greek yogurt, avocado slices, or any of your favorite fajita toppings!

- Preheat oven to 400. Spray a 9x13 or 2-quart casserole dish with cooking spray and set aside.
- Combine all ingredients, except for the cheese, in a large bowl and stir well to combine.
- Transfer mixture to casserole dish and bake, uncovered for 20 minutes.
- Sprinkle the top with cheese and bake another 10 minutes, until cheese is melted and chicken is cooked through.

Recipe Notes

The rice for this recipe needs to be already cooked.

I use all cheddar cheese here but you could substitute some Monterey or Pepper Jack cheeses as well.

You can spice it up with some jalapeño peppers or a pinch of cayenne pepper. And of course, serve with hot sauce!

It helps to let the casserole sit for 5-10 minutes after it bakes to absorb some of the juices. (If yours has lots of juices, which can happen depending on how much moisture the veggies release, just use a slotted spoon to serve this).



Recipe and photo adapted from familyfoodonthetable.com