

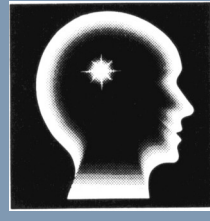


# Coastline

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## April Membership Event

**Free webinar to bring value to ABC members!**



**JERRY TEPLITZ ENTERPRISES, INC.**

**Managing Your Stress in These Difficult Times**

**April 21, 2:00pm**

Presented by **Dr. Jerry V. Teplitz, JD, PhD**  
 Twice, Amazon Bestselling Author  
**Switched-On Selling and Switched-On Networking**

These “uncertain times” have caused all of us to suffer from stress. A pioneer in the field of stress management, Dr. Jerry V. Teplitz has been teaching and writing about how to handle stress since 1974. He’s been publishing a monthly blog called Healthy Alternatives for 18 years and is now doing a weekly email.

He wrote *How to Relax and Enjoy...*, which was one of the first books in the field before stress management was even considered a field! His latest book is *Managing Your Stress in Difficult Times: Succeeding in Times of Change*.

Jerry will show you how to manage your stress in these difficult times. In his presentation you will experience actual techniques that you can use to immediately reduce your level of stress. The pandemic will end, but your level of stress may not, and the long-term health consequences to you may increase. The chaos might continue, but you will now have tools to keep yourself centered – with less stress. Mark your calendar for April 21 at 2:00.

**Click here to register!**

## 2021 STEP

**2021 STEP Applications are due by Monday, August 2, 2021.**

**CLICK HERE** for more information and to apply.

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## ABC Calendar Preview

Please note that the Brazosport Training Facility will be **CLOSED** on Friday, April 2nd in observance of Good Friday.

Date	Event (click links to register)	Location
April 7	<a href="#">In-depth Look Into the Leadership Key Components of the STEP Safety Management System</a> ABC Webinar: Steve Wiltshire, ABC National at 2:00pm	Virtual
April 8	ABC State Board Meeting	Virtual
April 14	<a href="#">Transforming Cost Management: The Next Wave of Construction's Digital Evolution</a> Maggie Murphy, ABC National at 1:00pm Hosted By: <i>Construction Executive Magazine</i>	Virtual
April 15	<a href="#">COVID-19 Vaccine—Legal and Practical Considerations for Employers</a> ABC Webinar: Maury Baskin, Littler Mendelson, P.C. at 2:00pm	Virtual
April 20	BSC Board/Owners Advisory Meeting at 11:00am	ABC Board Room
April 21	<a href="#">Managing your stress in these difficult times</a> ABC Virtual Membership Event: Dr. Jerry V. Teplitz, JD, PhD at 2:00pm	Virtual

## Join us in welcoming new ABC member Holes Inc.



**Scott Stakes**  
Estimator  
832-729-6434 cell  
281-469-7070 main  
scott@holesinc.com

**"WE CAN CUT IT"**

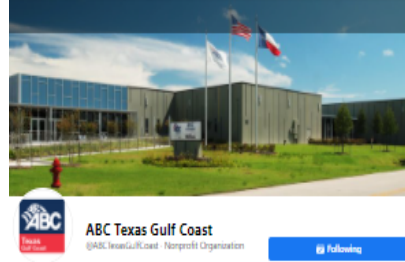
- core drilling
- wallsawing
- wire sawing
- joint sawing
- slab sawing
- pile cutting
- load & haul
- concrete breaking
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- ground penetrating radar
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## ABC Craft Training / Workforce Development

**Electrical Continuing Education Class**

April 15, 2021, 5:00 - 9:00 pm  
 TDLR Course #23463  
 \$40 Member / \$60 Non-Member

To register or for more information please contact MSTI at 979-233-1616 or [training@abctxgulfcoast.org](mailto:training@abctxgulfcoast.org)

**ABC Texas Gulf Coast**

**DID YOU KNOW?**

At ABC, we help individuals train, transform and triumph as they pursue careers that advance their potential.

Register now for the next session of **Construction Site Safety Technician (CSST) Field Safety**.  
 Class begins June 21 on Monday's and Wednesday's, 6-9 pm.

Members: Class \$375, Book \$125  
 Non-Members: Class \$475, Book \$135

Register by contacting 979-824-7370 or [training@abctxgulfcoast.org](mailto:training@abctxgulfcoast.org)

<p><b>Brazosport Safety Council, Inc.</b> Courses Offered:</p> <p><a href="#">Upcoming Courses</a></p> <ul style="list-style-type: none"> <li>Aerial Lift Certification</li> <li>Basic Plus</li> <li>CPR/AED Certification Training</li> <li>Enhanced Foreman Training</li> <li>Excavation Competent Person Training</li> <li>Fire Extinguisher Training</li> <li>Forklift Operator Certification</li> <li>Safe Work Permit Acceptor Training</li> <li>Spotter/Flagger for Vehicle &amp; Heavy Equipment</li> </ul>	<p><b>ABC Texas Gulf Coast</b> Associated Builders and Contractors</p>	<p><b>MSTI MERIT SHOP TRAINING, INC.</b> educational affiliate of ABC Texas Gulf Coast</p>	<p><b>Inccer</b></p>
<p><b>Merit Shop Training, Inc.</b> Courses Offered:</p> <ul style="list-style-type: none"> <li><a href="#">NCCER Crane, Rigging &amp; Signal Person</a></li> <li><a href="#">Construction Site Safety Technician (CSST)</a></li> <li><a href="#">Electrician Continuing Education License Renewal Class</a></li> <li><a href="#">Instructor Certification Training Program: ICTP Training &amp; Certification</a></li> <li>Project Management Class and Project Supervision Class</li> <li><a href="#">OSHA Classes through UTA</a></li> </ul>	<p><b>MSTI also offers NCCER Skills Assessments and Pipeline OQs:</b></p> <p><a href="#">NCCER Skills Assessment Certification</a></p>		

**ABC Coastline**

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